

# AAOSH 2016 Scientific Session

@ the **Gaylord Palms Hotel** in Orlando, Florida

September 16 - 17

## Reversing the Health Care Crisis... One Patient At A Time

*Clinical guidelines for promoting total wellness by reducing systemic inflammation.*

Oral Pathogens

Friday A.M.	
8:30 - 8:45	Introductory Remarks
8:45 - 9:45	<b>Sam Low, DDS, MS</b> <i>Periodontitis: A Disease of Inflammation</i>
9:45 - 10:45	<b>Lisa Marie Samaha DDS</b> <i>Clinical Guidelines for Oral Pathogens Screening, Testing and Strategic Therapy</i>
10:45 - 11:15	BREAK
11:15 - 12:00	<b>Stephen Brown, DDS, FACD, FICD, FCPP</b> <i>The Future of Lasers in Periodontal Therapy: Science, Hype or Snake Oil?</i>
12:00 - 12:30	<b>ASK THE EXPERTS (Panel Q &amp; A)</b> <i>Sam Low, Lisa Marie Samaha, Stephen Brown, Stephanie Lodding</i>
12:30 - 1:30	LUNCH

Sleep Disordered Breathing

Friday P.M.	
1:30 - 2:15	<b>Jim Metz, DDS</b> <i>An Update on the Science of Disordered Breathing &amp; Sleep Apnea</i>
2:15 - 3:00	<b>Steve Bender, DDS – President AAOP</b> <i>Protocols for Diagnosis and Strategic Therapy</i>
3:00 - 3:30	BREAK
3:30 - 4:15	<b>Jamison Spencer, DDS, MS</b> <i>Parafunction and Oral Appliance Therapy Options</i>
4:15 - 4:45	<b>Ask the Experts (Panel Q &amp; A)</b> <i>Jim Metz, Steve Bender, Jamison Spencer</i>

Saturday A.M.	
8:15 - 8:30	Introductory Remarks
8:30 - 10:00	<b>David Seaman, DC, MS</b> <i>A Pro-Inflammatory Diet: Oral-Systemic Effects, Including Chronic Pain Syndromes</i>
10:00 - 10:30	BREAK
10:30 - 11:15	<b>Mary Beth Gierlinger, CHC, AADP</b> <i>Nutritional Education and Counseling</i>
11:15 - 11:45	<b>Susan Maples, DDS</b> <i>An Effective Smoking Cessation Program + Diabetes Detection in the Dental Office</i>
11:45 - 12:05	<b>Ask the Experts</b> <i>David Seaman, Mary Beth Grininger, and Susan Maples</i>
12:05 - 1:15	LUNCH

Saturday P.M.	
1:20 - 2:00	<b>Kyle Ash, DDS / Linda Miles</b> <i>Oral Cancer: Screening and Treating this Special Need Patient</i>
2:00 - 3:15	<b>Bradley Bale, MD</b> <i>Reversing the Health Crisis: One Patient At a Time Emphasizing the Multiple Sources of Inflammation</i>
3:15 - 3:45	BREAK
3:45 - 5:00	<b>Joe Chang, PhD</b> <i>Understanding the Role of Antioxidant and Gene Expression in the Aging Process</i>
5:00	ADJOURN

Pro-Inflammatory Diet

Toxins

Global Medical Considerations

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