



Connecting Medicine and Dentistry to Save Lives

AAOSH: A Uniquely Special Academy!

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The American Academy for Oral Systemic Health (AAOSH) has to rate as the #1 best kept secret in dentistry and medicine... but not for long! The word is spreading across the country that there is a group of conscientious health providers who are joining forces to change the landscape of complete health in our nation. It parallels what we are experiencing in the political arena. Americans know there are answers but are frustrated and discouraged by the lack of strong leadership in Washington. Similarly, our patients read about wonderful breakthroughs in medicine, making it possible to both prevent and reverse disease. Meanwhile, many doctors are stuck in old paradigms, believing that illness is primarily due to genetics not environment—and besides, patients never change their old lifestyle habits—so the only reasonable option is prescription medications. Boy, that's frustrating!

In the last six years, the tide has begun to turn. Integrative or functional medicine centers have opened at prestigious locations such as the Cleveland Clinic, Baylor Health Center, University of Arizona, and Duke University. AAOSH has led a movement through educating dental teams and now is expanding its influence to all health care providers. A revolution has begun that will not be stopped. What's unique and special about AAOSH?

Let's use the acronym to describe the experience of attending the annual meeting, visiting the website, and participating in special events and services.

- A** Advanced learning opportunities are provided by enlisting the participation of the top researchers and clinicians from the field of integrative medicine to educate us about the key principles of complete health.
- A** Application of research and science into the practical clinical setting where the majority of us live and work. The goal is to save lives!
- O** Objective learning environment, where the Academy's sole agenda is to push each other to provide a higher level of care, to create complete health for those we serve.
- S** Scientific culture of evidenced-based education, creating solid solutions, leading to complete health.
- H** Hospitality-Strong group of likeminded, respectful, and energetic learners, joining together to find common solutions from many resources and disciplines within the health care field.

This summer, we will all be watching the Olympics, where great athletes share the track and field, impressing the whole world with their remarkable talents and skills. What a privilege for those Olympians to carry the torch of excellence for their beloved countries.

Through AAOSH, we too have the opportunity to share in carrying the torch that touches the lives of millions of people. We are developing together, remarkable talents and skills that can transform the quality of life for so many others.

AAOSH is indeed a uniquely special Academy that exists to stand in the gap, educating and equipping health care providers who will lead in reversing the health care crisis, one patient at a time, while differentiating themselves as the health care leaders in their communities.

Join us at the world's foremost oral-systemic health conference, where you'll network with professionals from around the world and learn from industry leaders on a range of topics including oral pathogens, sleep-disordered breathing, pro-inflammatory diet, toxins, global medicine considerations, and more.