

AAOSH & H2W Present  
**Hot Topics in Oral Systemics**

February 21, 2019 | Chicago, IL | Palmer House Hilton

**8:00-8:10** - Chris Kammer, DDS and Machell Hudson, RDH  
Welcome

**8:10-8:55** - Sue Jeffries, RDH  
From Bullied, Depressed, and Suicidal... To Surviving and Thriving With A Vivacious Life!

**9:00-9:20** - Glenn Lee Ostler Jr. DDS  
Introduction to Redox Signaling Molecules and their use in dentistry and oral-systemic healthcare

**9:25-9:45** - Tricia Markise Wonderly, RDH  
Thankful For My Cancer

**9:50-10:10** - Robert H. Maccario, MBA  
Your mouth is screaming - for a saliva screening!

**10:10-10:30** - Break

**10:30-10:50** - Rick Hutchins, DDS, FAAOSH  
Using Collaborative Relationships to Bring Healthy Lifestyle Choices to your Patients

**10:55-11:15** - Karen Thomas, MS, HNF, RDH, BS, FDN-P, CHHC  
Overwhelmed and Undernourished No More- Food as Medicine Saved My Life!

**11:20-Noon** - Craig Backs, MD  
Curing Chronic Disease: The Science, The Process, The Results!

**Noon-1:00** - Lunch Break (on own)

**1:00-1:20** - Anne O. Rice, RDH  
Dementia and the Dental Impact

**1:25-1:45** - Kathryn Kamish Gilliam, BA, RDH, FAAOSH  
Gluten: The Time Bomb Is Ticking...

**1:50-2:10** - Mark Cannon, DDS  
The Epigenetic "Epiphany" (Genes are a turn on!)

**2:15-2:35** - Michelle McKeon  
Is Hyperthermia the Answer? Treating Lyme Disease and Cancer... and even possibly Perio???

**2:40-3:00** - Chris Kammer, DDS  
I Want You!! - To Find the Heart Disease Risk Missed by the MD's!

**3:00-3:20** - Break

**3:20-3:40** - Liz Lundry, RDH  
Old Enemies - Revolutionary Treatment... Does It Work?

**3:45-4:05** - Susan Maples, DDS  
Dying to Quit: Smoking Cessation in the Dental Office

**4:10-4:25** - Surprise Guests  
A Night To Remember

**4:30-5:00** - Elijah Desmond, RDH, BS  
Emotional Intelligence - The 6 emotions that will change your world

**5:00-8:00pm** - AAOSH Winter Reception  
*Complimentary drinks, hors d'oeuvres, music, and networking!*

**Oral Systemic Testing all day long! Get tested and save your life before you save others!**

**Free oral systemic screenings for:**

- Dental Caries- cariogenic bacteria, acidity and buffer capacity
- Periodontal disease- protein, blood, leukocyte
  - Oral cleanliness-ammonia
- Systemic Inflammation- Body composition analysis

**Additional screenings for a fee also available:**

- Saliva pathogens - OralDNA
- Systemic Inflammation Blood Test - C Reactive Protein and A1c
- Nutritional Assessment - Biophotonic antioxidant uptake analysis
- Arterial Inflammation - CIMT ultrasound

